

**Triad
Coordinated
Services**



The Triad Times

TCS Quarterly Newsletter

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October|November|December

In the news and resources...

[Suicide prevention model \(Question, Persuade, Refer\) highlighted and peer support training available](#)

- Cardinal Innovations Healthcare

[10 Tips to Prevent Autism Related Shopping Meltdowns](#)

- Autism Speaks

[Childhood Schizophrenia: Symptoms, Diagnosis, and Treatment](#)

- Medical News Today

Safety tips for the upcoming month

Situational Awareness

In the light of the recent tragic event in Las Vegas, we would like to share some tips for situational awareness-

- Stay alert- keep your eyes open when in new and unfamiliar locations
- Be aware of your surroundings- even in familiar places, look up from your phone!
- Notice what strangers are holding and keep a safe distance
- Change direction if you suspect someone has been following you
- Remember that other people are a good resource- parents and police, alike
- Be a hard target- stay confident!

ABC
OF
NC
PRESENTS



FREE PARENT AND PROFESSIONAL CLASSES:

FALL
2017

10.24.17
10th ANNUAL **matt! savage**

GOURMET LUNCHBOX LUNCH

In 2017, ABC of NC hosts Matt Savage, a nationally acclaimed jazz pianist and autism activist, for the tenth annual Gourmet Lunchbox Lunch.

We're so glad you will be a part of our annual event and look forward to your presence and participation.



We look forward to seeing you!

EVENT DETAILS

Tuesday, October 24, 2017
11:30 AM - 1:00 PM

The Millennium Center
101 W. 5th Street
Winston Salem, NC

Lunch provided by Local 27101

For more information or questions please contact **Casey Raymer**
casey.raymer@abcofnc.org
336.251.1180



WHO ARE WE?

ABC of NC is a nonprofit center dedicated to providing high-quality, evidence-based diagnostic, therapeutic, and educational services to people with autism spectrum disorder; ensuring service accessibility to individuals from any economic background; offering support and hope to families; and advocating for inclusion and acceptance.

INFORMATION:

All parent and professional classes are offered at no cost. Continuing education certificates are available upon request. For more information or to register for a class, please contact Leigh Ellen Spencer at (336)251-1180 ext. 120 or leighellen.spencer@abcofnc.org. You must register at least one week in advance. ABC of NC reserves the right to cancel classes if there are not enough participants.

FALL 2017 CLASS SERIES WILL BE HELD AT ABC OF NC

905 FRIEDBERG CHURCH RD,
WINSTON-SALEM, NC 27127
ABCofNC.ORG | (336)251-1180



CLASSES

- AUG 30**
9-11AM **Increasing Social Motivation**
Motivating children with autism to engage/interact with others.
- SEPT 6**
9-11AM **Communication Strategies**
Increasing communication and understanding the communication of others.
- SEPT 13**
9-11AM **Reducing Problem Behavior I**
Strategies for reducing frustration and increasing cooperation: Accepting "No", First-Then instructions, waiting and transitions.
- SEPT 20**
9-11AM **Reducing Problem Behavior II**
Strategies for coping and calming; increasing adaptive behavior with social narratives and video modeling strategies; and accepting when things don't go as planned.
- SEPT 27**
9-11AM **Developing Play**
Strategies to expand interests and develop functional play routines.
- OCT 4**
9-11AM **Diet Expansion**
Motivating children with autism to eat healthier foods.
- OCT 11**
9-11AM **Toilet Training Strategies**
Increasing success with toilet training.
- OCT 17**
9-11AM **Autism & the Family Dynamic**
Understanding how an autism diagnosis impacts individual family members.
- OCT 26**
9-11AM **Reducing Problem Behavior I**
- NOV 2**
9-11AM **Reducing Problem Behavior II**

Join us! TCS outing-December 5th!

Join us December 5th for our TCS annual outing to the Festival of Lights at Tanglewood Park. Please RSVP to news.tcservices@gmail.com by Nov. 27th. I look forward to seeing you all there!

When: December 5th at 7pm

Where: Tanglewood

- Greensboro group will meet at TCS at 5:30pm and carpool
- Winston Salem group will meet at at 6:15pm in the Harris Teeter parking lot at 4150 Clemmons Road in Clemmons

Please RSVP by November 27th

Contact news.tcservices@gmail.com

Or (772)678-2044 with any questions!



TANGLEWOOD
Park

What's coming up? Events in the community to look forward to!

The Arc of Greensboro upcoming [Holiday Craft Bazaar](#) on November 16

Old Salem upcoming [Candle Tea Christmas Tradition](#) beginning November 30

ABC of NC [Upcoming Tours and Information Sessions](#)

The Arc of Greensboro Tuesdays and Thursdays- [Art Therapy and Clay Creations](#)

The Arc of Greensboro upcoming [3rd Annual Advocate Dinner](#) on December 12

TCS Mandatory Staff Documentation Training December 16th from 1pm-3pm

TCS [CARF](#) accreditation survey team coming in January

TCS Satisfaction Survey-send your responses for outcomes in January